## **REQUIREMENTS FOR SPORTS PARTICIPATION**

All students planning on participating in any school sports program, must complete all required paperwork prior to tryouts. All the documents that need to be completed, can be found using this link.

https://www.hillsboroughschools.org/athleticforms

Once all of these documents are collected and ready for upload, please complete the online registration for your student-athlete at <u>www.planeths.com</u>. The school administrator will review and approve submitted documents. Once approved, the student athlete is eligible to participate in any sport offered by the school.

## **Sports Seasons**

Early Fall-Girls and Boys Basketball <u>Mid Fall</u>-Girls and Boys Volleyball <u>Late Fall</u>-Girls and Boys Track <u>Winter</u>-Girls and Boys Soccer <u>Spring</u>-Girls and Boys Flag Football